

Example Youth Club Programme

Date	Programme
September	Our world
	Staff and young people planning session for youth club programme
Example Session 1	Revisit concerns about transitioning to secondary school Apple Crumble cooking competition Sports in the courts Healthy diet / Healthy food survey
Example Session 2	Amazon Rainforest awareness Palm oil Campaign (Greta Thunberg) What has palm oil in? Sorting activity
Example Session 3	Eco cooking – Fairtrade Eco Brick update
Example Session 4	Social night – find out about your youth club community Show & tell Human bingo game
Example Session 5	LGBTQ+ awareness Definition dominoes Rainbow night
Example Session 6	Equality & diversity Equality games Football – standing up against racism
October	Wellbeing
Example Session 1	#I am whole Day – World Mental Health Day Mental health games/activities
Example Session 2	Royal Armoured Corps team visit Youth Council meeting - Andrea
EVENT	County lines Youth event – Tor Leisure Glastonbury – Drugs bus
Example Session 3	Police visit - Fake drug bust & fingerprinting
Example Session 4	County lines follow up & drugs awareness Wink wink drug murder! game Beer goggle games
Example Session 5	Halloween party & games Face painting & gory make-up
November	Creativity
Example Session 1	Fabric pen arts Design a symbol for yourself – self-awareness Belonging to a group
Example Session 2	How the brain works Tai chi & relaxation exercises
Example Session 3	Tie dye & t-shirt design Leaf sweep – community clean up
Example Session 4	DJ session Poetry night – rap & MC & beatboxing performance